

# The Future of Bodywork



*November 2009 Future of Bodywork Panel*

## The Role of the Client in Bodywork

**Panel: Deane Juhan, Dave Campbell, Diana Thompson, BJ Erkan, Jack Blackburn, Alison Day, with Michael Hamm as Moderator**



***January 2012 Location: 5762 27th Ave NE, Seattle, WA 98105***

This special symposium is the third in our series: The Future of Bodywork. As before, the evening will include a panel of bodywork practitioners and educators. One of the reasons for these symposiums is to create a forum where bodyworkers to become more active in determining the future of the profession. Our experiences with clients call for broader paradigms and deeper understandings of the training it takes to accompany clients through different stages of their lives. There will be breakout groups and formed around certain issues and much opportunity for discussion. The theme for this evening will center around the question: "What part does the client play in his/her own therapy?" We will look at different possible activations of client physical, verbal, and somatic interactions. We will also look at less interactive client responses like sleeping, chatting, dissociation, flashbacks, and panic attacks. We will also look at client self-care approaches away from the sessions. Are there ways of improving our therapeutic effectiveness that involve revising and expanding our scope of practice and paradigm of treatment by directly involving clients in their own healing?

Issues Affecting the Client's Role:

- Third Party payments and treatment proscriptions overlook client participation
- Client expectations and practitioner perceptions of clients
- Prevailing treatment paradigms in bodywork, symptomatic relief and relaxation
- Somatic approaches and facilitation of client awareness
- Prevailing training limits lacking psychological understanding and counseling skills
- Lack of paradigm defining practitioner/client interaction and teamwork
- Lack of rigorous model for Body Mind Spirit approaches
- What approaches work best in recruiting client into their own processes?
- How do we discover what is happening inside the client during the session?

At least 50 percent of what is happening during sessions is determined by the client. And 100 percent of what is happening between sessions is determined by the client. We know that many factors in clients' lives determine how they progress in bodywork sessions. Some clients become very involved in their own process and some clients leave everything up to the practitioner and the insurance company. Many clients do not really know why we do what we do and many clients assume that we get paid our regular rates by third party payers. Clients do not know how much their attitude about their bodies, their emotional state and their external lives affect their body state and vice versa. How can we work with clients and involve these factors in their process legitimately?



Deane Juhan <http://www.jobbody.com> Deane Juhan has been a professional bodyworker for 30 years. He is a Trager practitioner and instructor, with a private practice in the Berkeley area. The author of Job's Body: A Handbook for Bodywork and Touched by the Goddess: The Physical, Emotional and Spiritual Dimensions of Bodywork he has long focused on understanding the relations between mind, body and spirit and the creative forces at work in all self-development. His workshops have been presented all across the US, Canada, Europe and Japan. Their content is focused on both cutting edge research into many aspects of the body-mind and his years of experience as a practitioner.



Dave Campbell, LMP, [www.BodylightLearning.com](http://www.BodylightLearning.com) has been practicing over 20 years, specializing in CranioSacral Therapy, Visceral Manipulation, and Trager® Work. He has taught kinesiology and cadaver anatomy for 10 years, and teaches CE classes on intraoral massage and advanced somatic explorations. Dave is the author and illustrator of the book "Mastering Muscles & Movement: A Brain-Friendly System for Learning musculoskeletal Anatomy and Kinesiology."



Diana L. Thompson, LMP [www.handsheal.com](http://www.handsheal.com) Diana, a licensed massage therapist for over 25 years, has a private practice specializing in post-operative care and treating chronic conditions. She authored "Hands Heal: Communication, Documentation and Insurance Billing for Manual Therapists", has a regular column in Massage and Bodywork Magazine, titled "Somatic Research". She is a past President of the Massage Therapy Foundation, whose mission is to advance the knowledge and practice of massage therapy by supporting scientific research, education, and community service.



B.J. Erkan, LMP has been in private practice since 1994. He has taught massage technique and theory at Bastyr University, in private workshops, and to the exceptional practitioners he has had the privilege to mentor. In 1998 he co-founded Bothell Integrated Health, LLC ([www.bothellintegratedhealth.com](http://www.bothellintegratedhealth.com)) with Patty Erkan, his wife of 25 years. Bothell Integrated Health's mission is "To heal, to educate, and to empower". B.J.'s approach is to use mind/body education, often focusing on overcoming the patient's self imposed limitations, paired with effective bodywork, to achieve a lasting best outcome for the patient.



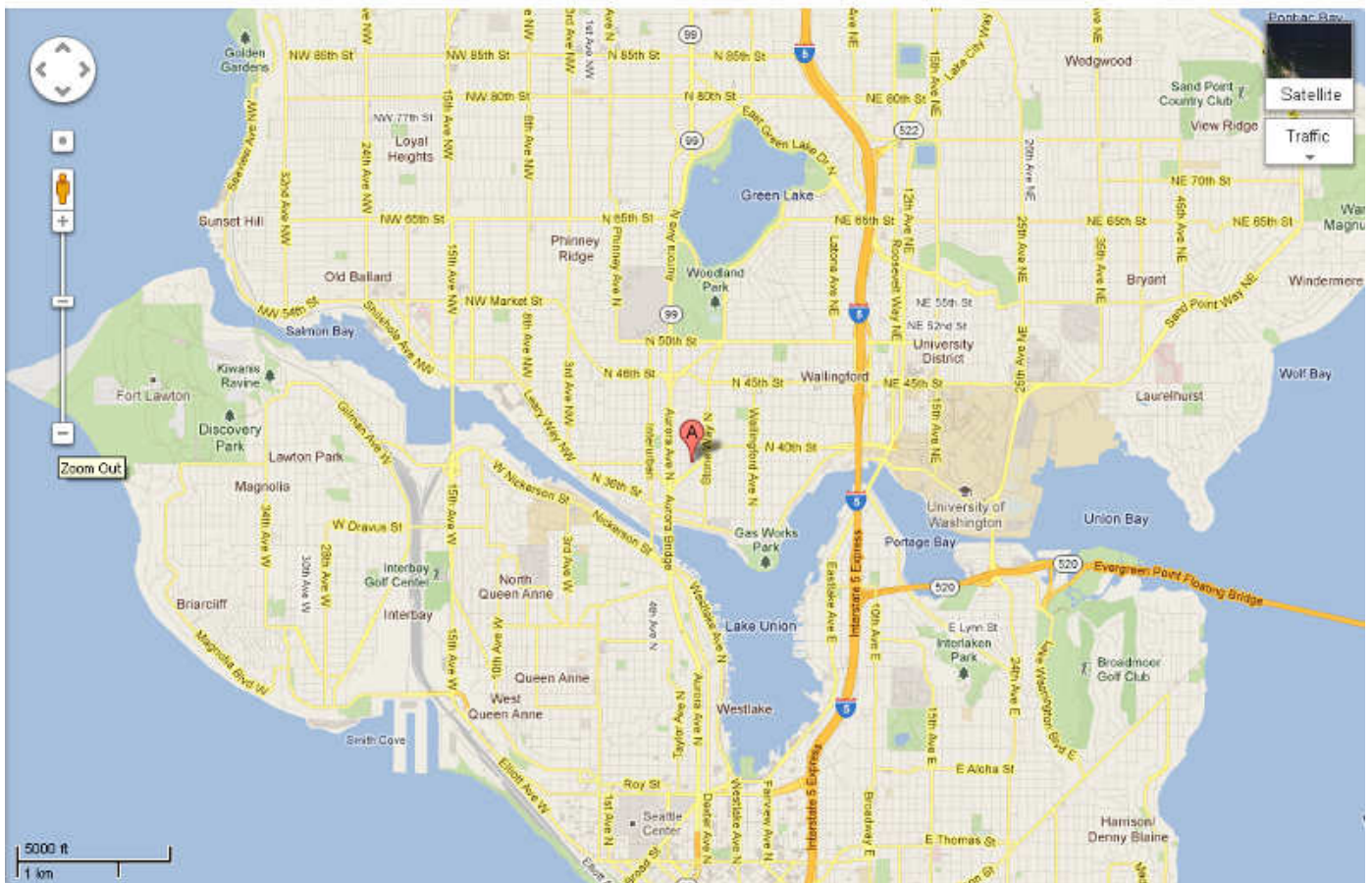
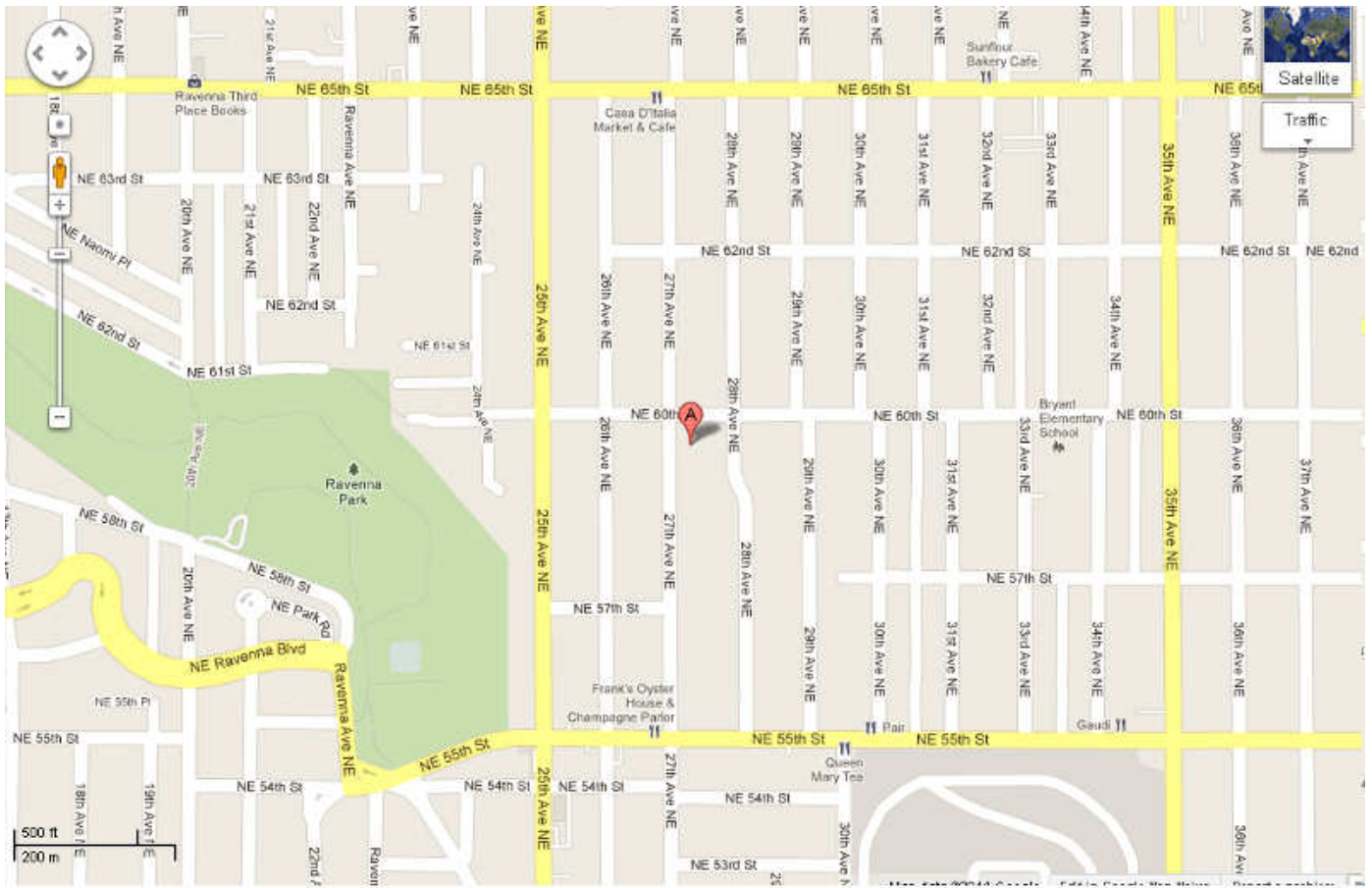
Jack Blackburn, LMP, [www.presencingsource.com](http://www.presencingsource.com) Master's in Theological Studies, Certified Spiritual Director, specializes in body centered spiritual growth and healing. He has been a Trager® practitioner since 1986. Has taught Trager electives classes since 1996, and teaches a variety of classes to care giving professionals. He is a NCBTMB Approved Continuing Education Provider and AMTA National Presenter. Jack is the founder of Trillium Institute which sponsors trainings by various teachers. He is a Focusing Trainer and teaches Bodywork Focusing classes for professionals. Jack is also a Reiki Master and teaches levels I, II, III and Advanced Reiki for Bodyworkers.



Alison Day. In her practice Alison draws on Asian and western medical theories. Her training has emphasized the role of the client in the treatment process. Curiosity and engagement are hallmarks of her sessions. She has maintained a lively practice in Seattle for ten years. She also teaches Zen Shiatsu. [www.zenshiatsuseattle.com](http://www.zenshiatsuseattle.com)



Michael Hamm, LMP, CCST [www.neurofascia.com](http://www.neurofascia.com) Michael Hamm, LMP CCST, teaches anatomy, technique, and research literacy at Cortiva Institute Seattle, and maintains a full time bodywork practice focused on orthopedic injury and trauma recovery. Mike is a national presenter of CE workshops in research education and Neurofascial Release, and serves on the board of trustees for the Massage Therapy Foundation. He has published articles in various research journals and trade magazines, on subjects including nerve entrapment and research literacy education. When not teaching or doing bodywork, Mike plays music in a Seattle band.



January 2012 Location: 5762 27th Ave NE, Seattle, WA 98105

## Registration:

**Workshop Name:** The Future of Bodywork  
**Registration Fee:** \$40.00  
**Location:** 5762 27th Ave NE, Seattle, WA 98105  
**Date:** 01/04/2012

### Registration

**Workshop Name:** The Future of Bodywork  
**Registration Fee:** \$40.00  
**Location:** 5762 27th Ave NE, Seattle, WA 98105  
**Date:** 01/04/2012

*\*All fields required*

First Name:   
Last Name:   
Professional Title:   
Address:   
City:   
State/Province:   
Zip/Postal Code:   
Country:   
Email:   
Daytime Phone:   
Evening Phone:

### Credit Card Info:

**Note:** Billing address above must match the address on your credit card statement.



Type:   
Number:   
CID#:  What is this?  
Exp. Date:  /

### Jack Blackburn's Registration & Cancellation Policy

\$100 of your payment\*\* is considered a deposit, which is non-refundable unless the class is canceled. If you cancel your registration with seven days notice your balance will be refunded (less \$100). If you cancel less than one week prior to class your balance is non-refundable but can be transferred to another class taught by that instructor.

Please note that registrations for evening seminars are non-refundable unless the seminar is canceled. Your tuition may be transferred to another seminar.

\*\* \$75 for single-day class.

We reserve the right to change class locations within an 8 mile radius of our office. Our class facilities have allergens such as nuts, wheat, dairy and cat dander.

Please review our Privacy Policy

To Register, Please  
Click on the Following Link or  
Copy and Paste It Into Your Browser:

<https://www.presencingsource.com/alumni/register.html?id=151>